

Wolborough CE Nursery and Primary School

PE Curriculum Statement

Intent:

At Wolborough CE Nursery and Primary School, our PE curriculum is designed to inspire a lifelong love of physical activity and sport. Rooted in our inclusive Christian ethos, we aim to nurture the physical, emotional and social development of every child through a broad, balanced and high-quality PE provision. Our intent is to develop confident, skilled, resilient and active learners who are able to work collaboratively to support one another and who understand the value of a healthy lifestyle and positive wellbeing.

We follow the Devon PEDPASS Scheme of Work and enhance this with the 'real PE' programme, which focuses on developing fundamental movement skills, physical literacy and personal development. Our PE curriculum offer is enriched by our membership to the Dartmoor School Sport Partnership, which provides a diverse range of opportunities for all of our pupils under their strapline "Challenge, Inspire, Succeed" as well as a comprehensive package of staff CPD. Our curriculum is ambitious, inclusive and encourages all pupils to flourish. It promotes values including community (teamwork), perseverance and respect, equipping pupils with the skills and attitudes they need to succeed both in and beyond the classroom.

Implementation:

PE is taught through a progressive and inclusive programme from Reception to Year 6, providing each child in KS1 and KS2 with two high-quality PE lessons per week.

The Devon PEDPASS scheme ensures well-structured coverage and progression across a range of activities including dance, gymnastics, invasion games, striking and fielding, net/wall games and athletics as part of a two-year programme. This cycle provides a broad range of activities and allows a deeper understanding by revisiting knowledge and skills. Learning objectives and outcomes are progressive across the year groups and teachers identify the key knowledge and skills to be delivered in order for pupils to make the expected progress. Consideration is given to ensure all pupils receive the appropriate level of challenge and to how pupils will be supported in line with the school's commitment to inclusion.

From Early Years, the 'real PE' Programme is embedded to promote fundamental movement skills; 'real PE' is an inclusive and child centred approach which is aligned to the National Curriculum. It provides a sequenced and progressive whole school curriculum to challenge and support every child, focusing on developing agility, balance and coordination while fostering personal and social skills including healthy competition, cooperative learning and promoting a lifelong love of physical activity. Children build, revisit and develop fundamental movement skills and knowledge as they progress through KS1 and KS2.

Fundamental movement skills are the physical building blocks for more complex movement and essential for participation in physical activity and sport throughout life, as well as supporting everyday functional movement. By developing competence in these skills, we provide a foundation for children to sequence them into more sophisticated movement patterns and sports' skills.

Regular assessment is carried out across the PE curriculum in order to track pupil progress and inform future teaching. Pupils requiring additional support with fundamental movement skills are identified and receive additional support in the form of physical movement interventions.

Residential visits in upper KS2 provide additional opportunities for pupils to experience Outdoor and Adventurous activities. Swimming is also taught in KS2 at Newton Abbot Leisure Centre by qualified swimming instructors and achievement is tracked using Swim England's 'School Swimming and Water Safety' Awards.

National Curriculum								
KS1			KS2					
Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.			Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.					
Gymnastic Movements	Basic movements and team games	Dance	Athletics	Competitive Games	Gymnastics	Dance	Outdoor and Adventurous Activity	Evaluate
Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.	participate in team games, developing simple tactics for attacking and defending.	Perform dances using simple movement patterns.	Use running, jumping, throwing and catching in isolation and in combination.	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.	Develop flexibility, strength, technique, control and balance	Perform dances using a range of movement patterns	Take part in outdoor and adventurous activity challenges both individually and within a team	Compare their performances with previous ones and demonstrate improvement to achieve their personal best.
All schools must provide swimming instruction either in key stage 1 or key stage 2								
Swim competently, confidently and proficiently over a distance of at least 25 metres.			Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke].			Perform safe self-rescue in different water-based situations.		

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 1	Games	Gymnastics	Dance	Gymnastics	Dance	Athletics
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 2	Games	Gymnastics	Dance	Gymnastics	Dance	Athletics
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 3	Invasion Games Touch Rugby	Gymnastics	Invasion Games Handball	Dance	Striking & Fielding Cricket	Athletics
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 4	+ 1 Term Swimming					
	Invasion Games Touch Rugby	Gymnastics	Invasion Games Handball	Dance	Striking & Fielding Cricket	Athletics
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 5	Invasion Games Touch Rugby	Gymnastics	Invasion Games Handball	Dance	Striking & Fielding Cricket	Athletics
	PERSONAL		SOCIAL		COGNITIVE	
	Real PE Unit 1		Real PE Unit 2		Real PE Unit 3	
Year 6	+ OAA Residential					
	Invasion Games Touch Rugby	Gymnastics	Invasion Games Handball	Dance	Striking & Fielding Cricket	Athletics
	CREATIVE		PHYSICAL		HEALTH & FITNESS	
	Real PE Unit 4		Real PE Unit 5		Real PE Unit 6	

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 1	Games	Gymnastics	Dance	Gymnastics	Dance	Athletics
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 2	Games	Gymnastics	Dance	Gymnastics	Dance	Athletics
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 3	Invasion Games Netball	Dance	Gymnastics	Net/Wall Games Tennis	Striking & Fielding Dartmoor 3 Ball	Athletics/OAA
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 4	+ 1 Term Swimming					
	Invasion Games Netball	Dance	Gymnastics	Net/Wall Games Tennis	Striking & Fielding Dartmoor 3 Ball	Athletics/OAA
	PERSONAL	SOCIAL	COGNITIVE	CREATIVE	PHYSICAL	HEALTH & FITNESS
	Real PE Unit 1	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
Year 5	Invasion Games Netball	Dance	Gymnastics	Net/Wall Games Tennis	Striking & Fielding Dartmoor 3 Ball	Athletics/OAA
	PERSONAL		SOCIAL		COGNITIVE	
	Real PE Unit 1		Real PE Unit 2		Real PE Unit 3	
Year 6	+ OAA Residential					
	Invasion Games Netball	Dance	Gymnastics	Net/Wall Games Tennis	Striking & Fielding Dartmoor 3 Ball	Athletics/OAA
	CREATIVE		PHYSICAL		HEALTH & FITNESS	

Beyond the curriculum:

We are proud and active members of the Dartmoor School Sport Partnership, through which our pupils engage in a rich programme of festivals, inter-school competitions and leadership events.

Our extra-curricular offer builds on the knowledge and skills taught within our PE curriculum which provides entry routes into inter-school and county level competitions. In addition, our wide selection of after school clubs and enrichment opportunities led by staff promotes participation and exploration of new interests and broadens pupils' access to physical activity beyond the school day.



Dartmoor School Sport Partnership Programme

Mission

The DSSP is founded on a strapline of “**CHALLENGE: INSPIRE: SUCCEED**”, and so the root of what we do is based on development, participation and excellence for all children as appropriate. We currently offer a raft of experiences from high class gifted performance to working with SEND students. We believe that within physical education there is something for everyone with our rich, diverse provision. The focus is always on the quality of the experience for the learner. We believe that working with teachers and other adults to support them in their delivery, enhances the experience of the child so that they have a lifelong ambition of keeping healthy and active.

Intent of Programme (3 Strands)

CHALLENGE: A range of events and activities for young people who may not represent their school in school sport, often children will be classed as inactive (<30 minutes of moderate activity per day) or fairly active (30-60 minutes of moderate activity per day). These activities and event will be tailored to provide an appropriate positive experience for young people to promote lifelong participation and development in physical activity. These events will take place in the school day, offering opportunities for schools to bring larger numbers of pupils and will be based in various venues across the partnership.

INSPIRE: A range of events and activities that will be locally based at a learning community hub. These events are transition focused as well as providing inspiration to engage young people into more physical activity, PE and school sport opportunities as well inspiring healthy lifestyles for longer term participation and health. These events and activities will take place within the school day and offer opportunities for schools to bring larger numbers of pupils to participate.

SUCCEED: A range of events and competitions with the opportunity to represent the school in an appropriate competitive environment. These events will build upon character development within the participants. Pupils taking part may often be classed as active (>60 minutes of moderate activity per day) and may represent the school or community clubs. These competitions will take place as extracurricular activity and feature a West / East event per sport, followed by a high-quality partnership final with qualifying schools from both regions.



Dartmoor School Sport Partnership Offer

Inspire	Challenge	Succeed
<i>Sports Premium Indicator: 2, 4</i>	<i>Sports Premium Indicator: 2,3, 4, 5</i>	<i>Sports Premium Indicator: 2, 4, 5</i>
FESTIVALS Local hub – Newton Abbot Learning Community	TARGETED GROUP EVENTS For target groups including low confidence, less active, disadvantaged, SEN, etc.	COMPETITIONS
<p>KS1 Target <u>Games</u> (Y2 whole class)</p> <p>KS1 Striking & Fielding (Y2 whole class)</p> <p>KS1 Fundamentals & Stability (Y1 whole class)</p> <p>SEND Multi-Skills (targeted SEN group)</p> <p>Y3 Football (whole class)</p> <p>Y5 Invasion Games (whole class)</p> <p>Y4 Badminton (whole class)</p> <p>Y6 Athletics (whole class)</p> <p>Y5 Festival of Sport (whole class)</p>	<p>Our Great Outdoors</p> <p>Moors Festival (low confidence)</p> <p>Beach Festival (SEN/disadvantaged/behaviour)</p> <p>Forest Festival (SEN/disadvantaged)</p> <p>Healthy Lifestyles</p> <p>Fun Run – Autumn</p> <p>Fun Run – Summer</p> <p>Couch to 3K/5K</p> <p>Fun Cycle/Learn to Ride</p> <p>Dance & Gymnastics</p> <p>Y5/6 Trampoline & Flight Festival</p> <p>KS2 Dance Festival</p> <p>DSSP Dance Show</p> <p>Swimming</p> <p>Aquasplash Festival</p> <p>Open Water Swimming/Surf Lifesaving Festival</p> <p>Alternative Sports</p> <p>Tri Golf</p> <p>Ultimate Frisbee</p> <p>SEN Challenge Day @ Orchard Manor</p>	<p>Focus Activity Tournaments</p> <p>Y3/4 Touch Rugby</p> <p>Y5/6 Touch Rugby</p> <p>Y5/6 Dartmoor SSP Touch Rugby Finals (5th)</p> <p>Y3/4 Handball</p> <p>Y5/6 Handball</p> <p>Y5/6 Dartmoor SSP Handball Finals (3rd)</p> <p>Summer Term:</p> <p>Y3/4 Athletics</p> <p>Y5/6 Athletics</p> <p>Healthy Lifestyles with Competition</p> <p>Y3/4 & Y5/6 Cross Country Autumn</p> <p>Y3/4 & Y5/6 Cross Country Summer</p> <p>Y3/4 & Y5/6 Cyclo Cross</p>

Inspire, Challenge & Succeed		
<i>Sports Premium Indicator: 1, 2,3, 4,</i>	<i>Sports Premium Indicator: 1, 3</i>	<i>Sports Premium Indicator: 1, 2, 3, 4, 5</i>
IMPACT DAYS BESPOKE WHOLE SCHOOL	CPD	ADDITIONAL OPPORTUNITIES
Autumn Healthy Competition – netball & dodgeball (KS2) Fundamental ball skills (KS1) Spring Handball (KS2) + staff CPD Summer Ultimate Frisbee (Y5/6) Orienteering (Y1/2/3/4)	Young Playleader Conference KS1 Staff Dance & Locomotor (LB) Assessment in PE – summer term KS2 Staff – Focus Activities Touch Rugby Dance Athletics Other SEND PE in Mainstream	Inspire Day – Exmouth <u>Watersports</u> (x4 pupils) Inspire Day – Haldon Forest Go Ape (x2 pupils) SDCC Primary Dance Project & Performance DSSP Conference – PE Lead PE <u>Lead</u> Meetings x 3

Pupil voice and leadership is central to our school. Our School Council shares feedback on sporting events and makes suggestions for future clubs and activities. In addition, our trained Play Leaders run active lunchtime activities and games, promoting inclusive play and physical engagement for all children. This encourages a sense of responsibility, teamwork, and peer leadership. They also have the opportunity to adopt various roles, including coach, journalist and photographer, at events such as Sports Day.

Health and wellbeing are championed throughout the year. Our annual 'Health and Wellbeing Week' brings the whole school together in celebrating active lifestyles, mindfulness and emotional wellbeing. Pupils are supported to make informed decisions about how to participate in physical activity in a healthy way and parental engagement is encouraged by offering a range of parent & child workshops across the week. Links are made with local community club providers and facilities through workshops, demonstrations and an annual 'Clubs' Afternoon' to showcase local opportunities. We also mark Mental Health Week with activities and reflections designed to strengthen resilience and self-care.

Impact:

Our PE curriculum fosters pupils who are physically literate, confident, and motivated to lead healthy, active lives. Through regular self and peer assessment, pupils recognise their own progress and celebrate personal and team achievements. Our inclusive, values-driven approach strengthens social relationships and promotes emotional wellbeing.

We see the lasting impact in children's attitudes toward health and fitness, their resilience in the face of challenge, and their pride in representing the school in festivals and competitions. With pupil leadership embedded in our provision, children become advocates for active living and role models for others, both on and off the playground.

School Games Mark – Platinum Award

In recognition of our dedication and engagement in developing school sport and physical activity, Wolborough has been awarded the Platinum School Games Mark Award for the sixth consecutive year since 2018/19.



2024/2025

Your school ranked Platinum



2023/2024

Your school ranked Platinum



2022/2023

Your school ranked Platinum



2021/2022

Your school ranked Platinum



2018/2019

Your school ranked Platinum



2017/2018

Your school ranked Gold



2016/2017

Your school ranked Gold



2015/2016

Your school ranked Gold



2014/2015

Your school ranked Gold



2013/2014

Your school ranked Silver



2012/2013

Your school ranked Bronze



The School Games Mark is a government-led award scheme with levels of bronze, silver, gold and platinum. It celebrates schools' commitment to developing competitive sport within their school and community.

When applying for the School Games Mark schools must show how they:

- Maintain and increase engagement in the School Games, and ensure every child gets 60 active minutes per day. For SEND students, this would be 20 minutes per day.
- Organise competitions that provide positive experiences tailored to students' motivation, confidence, and abilities.
- Focus on key transition points, such as Year 3 and Year 6.
- Support the personal development of targeted students through youth engagement and leadership.
- Engage key stakeholders to promote the value of the School Games and enhance local provision.
- Provide equal opportunities for all young people, regardless of gender.
- Understand and develop their approach to physical literacy.

Our PE curriculum reflects Ofsted expectations by:

- Supporting *Personal Development* through leadership, wellbeing, teamwork and resilience.
- Delivering *Quality of Education* via a broad, ambitious, inclusive curriculum with clear progression.
- Strengthening *Behaviour and Attitudes* through mutual respect, perseverance and pupil pride.
- Promoting *Physical Development* and lifelong healthy lifestyle habits from the early years onwards.

PE at Wolborough is far more than sport—it is a rich, values-driven journey that celebrates effort, connection, and joyful movement, preparing children to “do all things with love.”